



# **2022 Maryland AAU District Taekwondo Qualifier**

**Date: Saturday April 9, 2022  
AAU Qualifying Event**

**Location: Charles County Fairgrounds, 8440 Fairground Rd, La Plata, MD 20646  
Partially funded by Charles County**

**Entry Fee: \$85 for One Event - \$10 additional for each event  
for registrations received by 04/5/2022  
\$30 Team Forms  
\$40 Board Breaking – The cost of boards is included**

**Coaches Pass = \$20.00 (1 Free pass for every 3 athletes registered)**

**\*Coaches must bring proof of taking the on-line coaches clinic**

**Spectator Fee: \$10 per person - Ages 5 & Under are free  
Fees can be purchased in Tourneyreg or cash at the door**

**Online registration: [www.tourneyreg.net](http://www.tourneyreg.net)**

**Detailed Tournament Information: [https://aautaeqwondo.org/page.php?page\\_id=118522](https://aautaeqwondo.org/page.php?page_id=118522)**

**Determining Competition Age: December 31, 2022**

**Late Fee: \$20 per Application received between 04/06-07/2020  
**NO DAY OF REGISTRATIONS WILL BE ACCEPTED!****

**Mail Registrations** Glenn Ames - P.O. Box 1003, La Plata, MD 20646  
Phone: (301) 502-4181 | E-mail: [2PerseverMA@gmail.com](mailto:2PerseverMA@gmail.com)  
Make checks payable to: 2PerseverMA

- This event is licensed by the Amateur Athletic Union of the U.S., Inc.
- All participants must have a current AAU membership.
- AAU membership may not be included as part of the entry fee to the event.
- AAU **Youth** Athlete membership must be obtained before the competition begins, except where the event operator has a laptop available with an internet connection.  
**Be Prepared: Adult and Non-Athlete memberships are no longer instant and cannot be applied for at the event.**  
**Due to background screenings, please allow up to 10 days for adult memberships to be processed.**
- Participants are strongly encouraged to visit the AAU website [www.aausports.org](http://www.aausports.org) to obtain their membership.

**Event Schedule – Athletes should arrive 30 minutes prior to the start of your competition**

**April 9 - Note that these are staging times not competition times.**

**We will be staging with Adult Blackbelts to allow for supporting officials.**

8:30 AM	Officials Meeting
9:00 AM	Olympic Sparring Staging
11:30 AM	Special Needs and Team Forms Staging (Single Elimination Bracketed) Board Breaking
12:30 PM	Traditional Forms Staging Open Forms TSD/MDK ITF Forms WT Forms
1:00 PM	Weapons Open Forms Staging
3:00 PM	Point Sparring Staging

**All competitors and Coaches must be an AAU member for 2021-2022. Register for AAU membership at: [www.aausports.org](http://www.aausports.org)**

**Competitors may be required to present a valid AAU membership card at time of staging.**

**AAU Taekwondo rules apply to all competition. Rulebook available at: [www.aautaekwondo.org](http://www.aautaekwondo.org)**

**Coaches:** All coaches must take the required AAU Taekwondo Online Coaches Certification Course. Coaches must complete the course and **bring proof of certification** with them to all AAU Taekwondo events to coach. Information on this course is available at [www.aautaekwondo.org](http://www.aautaekwondo.org).

**Proper Coaches Attire is required. NO EXCEPTIONS.**

**Awards:** *Championship Medals* awarded to the top 4 places in each division.

**Uniforms:** Clean fitting, colored uniforms are allowed  
Patches & screens are permitted. No rolled sleeves or cuffed pants. Black belts are allowed to wear a black V-neck collar or have black trim on the lapels of their uniform.

**Olympic Sparring** All competitors must wear an Olympic style Chest Protector, Headgear, manufactured Shin & Instep protectors, Forearm protectors and Mouthguard.  
Males are also required to wear groin protection **inside** of their dobok.

**Black Belt Mini-Cadets (10-11) and above will be using KP&P electronic scoring.**

All competitors must use the appropriate KP&P Footgear. The Chest Protectors will be provided for electronic scoring only. All remaining gear is the responsibility of the Athlete.

I.B.6. WT approved white gloves are required for Athletes using electronic scoring.

**Olympic Sparring** 1.a. Youth (5-9), Mini-Cadet (10-11), Cadet (12-14) and Executive (33 and up) shall  
**Duration of rounds:** compete using three one-minute rounds with a 30-second rest  
1.b. Junior (15-17) and Senior (18-32) shall compete using three 90-second rounds  
with a 30 second rest

**Point Sparring** Point Sparring will be using Double Elimination bracketing

**Point Sparring**

**Duration of rounds: Article V. Duration of Competition**

V.A. All preliminary matches will be two minutes running time or a 7-point gap, whichever occurs first. If the match runs the full two minutes, the competitor ahead on score will be declared the winner.

**Equipment:** Point Sparring safety gear is MANDATORY: Head Gear, Hand Gear, Foot Gear and Mouthpiece as specified page 5 of the 2021-2022 AAU Handbook. A protective groin cup for males under the Dobok pants is also required. Forearm, shin guards and rib guards are optional. Forearm and shin guards must be worn UNDER the uniform.

**Special Needs:** **For Special Needs Students, please contact Master Ames for a discount coupon code to be used in TourneyReg. Special Needs student must choose to complete in either Traditional events or Special Needs events, not both.**

**Forms:**

**Form Competition will be held in five formats, single elimination:**

- Traditional Open Forms (ITF, MDK/MSD, WT)
- Traditional ITF
- Traditional MDK/MDS
- Traditional WT
- Traditional Team Forms (ITF, MDK/MSD, WT)
- Weapons Forms (Open, No Music)

**Board Breaking:**

**Repetitive Spin Hook**

Single Break format: One Board per strike/motion – See board sizes below

Allowed technique is spinning hook

10 Board competition

Winner is based on the best time required to break 10 boards

**Repetitive Side Kicks**

Single Break format: One Board per strike/motion – See board sizes below

Allowed technique is spinning hook

10 Board competition

Winner is based on the best time required to break 10 boards

**Repetitive Hand Technique**

Single Break format: One Board per strike/motion – See board sizes below

Allowed technique is spinning hook

10 Board competition

Winner is based on the best time required to break 10 boards

**Competitors are required to bring their own board holders**

- All board holders must bring proof of AAU membership

Boards are part of the cost of the breaking event. All boards must be supplied by the event coordinators.

Board Sizes: 5 – 13-year-old athletes => AAMA Demo Small Boards  
14 and older athletes => AAMA Demo Medium Boards

**Charles County  
Concussion  
Awareness**

Please take the time to review the concussion awareness supplied by the Charles County Government. The information can be reviewed at

<https://www.ccboe.com/images/community/UseOfFacilities/AthleteFactSheet.pdf>

# Directions

**Please enter through the Livestock entrance to the right of the main entrance.**

## **GPS:**

**Charles County Fairgrounds, 8440 Fairground Rd, La Plata, MD 20646**

## **From Northern Virginia:**

**Woodrow Wilson Memorial Bridge**

**Take I-495 N/I-95 N to MD-5 S/Branch Ave in Camp Springs. Take exit 7A from I-495 N/I-95 N**

13 min (10.3 mi)

Slight right onto MD-5 S/Branch Ave

**Continue to follow MD-5 S**

14 min (11.7 mi)

Continue onto US-301 (Rt 5 turns into US-301)

**Pass by Popeyes Louisiana Kitchen in La Plata (on the right in 11.2 mi)**

21 min (14.7 mi)

Turn left onto Fairground Rd

0.1 mi

Continue straight

476 ft

**Destination will be on the right**

141 ft

**Charles County Fair**

8440 Fairground Rd, La Plata, MD 20646

## **From the North (Baltimore, Frederick, Laurel):**

**I-95**

Hyattsville, MD 20785

Head south on I-495 S/I-95 S

10.6 mi

Take exit 7A-7B for MD-5 S toward Waldorf

1.2 mi

Slight right onto MD-5 S/Branch Ave

**Continue to follow MD-5 S**

11.7 mi

Continue onto US-301 S

**Pass by Popeyes Louisiana Kitchen (on the right in 11.2 mi)**

14.7 mi

Turn left onto Fairground Rd

0.1 mi

Continue straight

476 ft

Turn right

**Destination will be on the right**

141 ft

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**From the South (Fredericksburg, Richmond):**

**Harry w Nice Memorial Bridge (Rt 301)**

US-301, Newburg, MD 20664

Head east on US-301 N

10.9 mi

Turn right onto Fairground Rd

0.1 mi

Continue straight

476 ft

Turn right

**Destination will be on the right**

141 ft

**Charles County Fair**

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# Hotel Information for Tournament

## **Holiday Inn Express La Plata**

6860 Crain Hwy, La Plata, MD 20646  
(301) 392-0065  
4.2 Mile to Venue

## **Best Western La Plata Inn**

6900 Crain Hwy, La Plata, MD 20646  
(301) 934-4900  
4.2 Mile to Venue

## **Hampton Inn Waldorf**

3750 Crain Hwy, Waldorf, MD 20603  
(301) 632-9600  
11.3 Miles to Venue